

**Barnesville School Wellness Policy Action Plan School Name, Recent update: 4/2/24**

<b>Goal</b> What do we want to accomplish?	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress measured?	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or impacted?	<b>Complete?</b>
1. Representative wellness committee	1a. encourage student participation. 1b. classroom teacher 1c. who is missing?	ongoing	Full Committee	Wellness Committee	School District and its constituents	Two students attended in 2023-23
2. Vaping Education or Anti Vaping Campaign	2a. Get student input 2b. messaging throughout school with resources and weekly messages 2c. Review school board tobacco policy #419	SY 23-24	Reduction in vaping	Health Teachers, Wellness Committee, Student Leaders, School Board	Students, staff, community Jane shares weekly vaping messages with school staff	2b. Mike posts them on student media platform
3. Support Staff Wellness efforts	3a. Wellness questions 3b. Healthy snacks including fruit in lounges. 3c. promote wellness conference when available	ongoing	Participation	Mike	Staff	3b. Purchasing two refrigerators.
4. Explore Food Service goals	4a. Add more fruits and veggies 4b. scratch cooking 4c. updating recipes 4d. Successful Farm 2 School grant with funding for locally grown foods and a second Combi oven for elementary 4e. Assess opportunities for new high school cafeteria	SY 23-24	Increase in student participation	Food Service Dept	Students and staff	Review again in fall 2024 to see if any are complete and can come off.
5. Dental Health Promotion	5a. Offer education for grades K-4	SY 23-24	Oral health education and resources provided to children and families	Jane Neubauer	Students, staff, families;	
6. Mental Health Awareness	6a. Sources of Strength Staff Training 6b. Sources of Strength Student Training 6c. Implementation of Sources of Strength 6d. Have added Sources of Strength elementary curriculum usage	SY 23-24		Trainer Kathy Askagaard, Advisor Team, Jamie Skrove at elementary	Students, Staff, Families, Community	Trainings are complete for this year and implementation is taking place.